

Research Outputs

Key:

Bold = UQ Health Care clinical team

* = Research student

** = Consumer researcher

^ = Health and Wellbeing Queensland collaborator

= Metro South Hospital and Health Service

+ = Children's Health Queensland

Clinical Symposiums

Giguere, D, Munro, J[^], Gomersall, S. Logan Healthy Living: An interprofessional practice supporting people at risk of, or living with, type 2 diabetes in the Logan area. Logan and Beaudesert Health Service Research Symposium. 23 April 2024. Brisbane, Queensland.

Giguere, D, Munro, J[^], Gomersall, S. Logan Healthy Living: An interprofessional practice supporting people at risk of, or living with, type 2 diabetes in the Logan area. Bayside Health Service Research Symposium. 15 November 2023. Brisbane, Queensland.

National Scientific Conferences

Gomersall, S, **Giguere, D**. Logan Healthy Living: Evaluation of a “sign posting” social prescribing model delivered by an interprofessional allied health care team for people living with and at risk of type 2 diabetes. Australian Social Prescribing Institute of Research and Education (ASPIRE) conference. June 2024. Sydney, New South Wales.

International Scientific Conferences

Gomersall, SR, **Giguere, D**, Winkler, E, Cotugno, J[^], Munro, J[^], Healy G. Evaluating the impact of a community delivered lifestyle management program for people living with or at risk of type 2 diabetes – Logan Healthy Living. Australasian Diabetes Congress, August 2024. Perth, WA.

Gomersall, SR, Goode, A, Campbell, L*, Sikder, A*, **Giguere, D**, Healy, G. Understanding barriers and enablers to maintenance after lifestyle intervention in adults with type 2 diabetes. 10th International Society for Physical Activity and Health Congress, Paris, 2024.

Publications

Healy, G, Goode, A, Campbell, L*, Sikder, A*, **Giguere, D**, Gomersall, S. Barriers and enablers to maintaining behaviour changes following lifestyle intervention for adults with type 2 diabetes. American Journal of Lifestyle Medicine. Accepted for publication.

Lehman, E*, Healy, G, Forbes, R, **Laroiya, M**, Gomersall, SR. Impact of a clinical placement on pre-professional health students perceived knowledge, skills, and confidence in the delivery of behaviour change and physical activity. Australian Journal of Clinical Education. Accepted for publication.

Gomersall, SR, **Giguere, D**, Winkler, E, Cotugno, J[^], van der Vliet**, P, Goode, A, Alsop, T, Munro, J[^], **Westbrook, W**, Littlewood, R[^], Cairney, J, Healy, G. Establishing a multi-sectoral community allied health service for type 2 diabetes: Logan Healthy Living. Submitted for publication BMC Health Services Research 4 July 2024.

External Successful Grants

Chief Investigators: Healy, G, Jung, M, Gomersall, SR, Goode, A, Dunstan, D. Associate Investigators: **Giguere, D**, Tsiamis, M. Small Steps for Big Changes: Implementing an Evidence-Based Diabetes Prevention Program into Diverse Urban Communities. NHMRC – Canadian Institute for Health Research. Implementation site for the program; 2023 – 2028. \$1.2m.

Fortnum, K, Gomersall, SR, Healy, G, **Laroiya, M, Bouckley, H**, Brignano, S+, Cotugno J[^], **Westbrook, W**. Strive to Thrive. Health Translation Queensland \$960.

Internal Successful Grants

Gomersall, S, Healy, Engstrom, C, Dulfikar, A, Forbes, R, Goode, A, Ribadeneira, G, Lepre, B, Ulyate, L. Partners: **UQ Health Care (Logan Healthy Living and UQ Healthy Living)**, Health and Wellbeing Centre for Research Innovation[^]. Developing a blueprint for using Generative AI agents in teaching, learning and assessment through a case example in motivational interviewing: MI UQ Coach. Teaching Innovation Grant The University of Queensland. 2024. \$145,260.

Fortnum, K, Gomersall, SR, Healy, G, **Laroiya, M, Bouckley, H**, Brignano, S+, Cotugno J[^], **Westbrook, W**. Embedding consumer voices in the STRIVE to Thrive lifestyle management program for youth aged 16-18 years living with type 2 diabetes in a socio-economically disadvantaged area. School of Human Movement and Nutrition Sciences 2023. \$3360.

Gomersall, S. Point of care HbA1c testing at Logan Healthy Living. School of Human Movement and Nutrition Sciences 2023 Minor Equipment Grant. \$4413.

Submitted unsuccessful grants

Giguere, D. Implementing a Social Prescriber at Logan Healthy Living to Improve Physical Activity. Heart Foundation – Active Australia Innovation Challenge 2024. \$81,962.

Gomersall, SR, Dingle, G, Goode, A, **Westbrook, W, Laroiya, M**, Cotugno, J[^], Fooker, J. Social-prescribing, a pathway for addressing loneliness and isolation: Implementation and evaluation of the feasibility and effectiveness of social-prescribing for reducing loneliness and social isolation in people with Type 2 Diabetes attending Logan Healthy Living. Community Innovation Fund response to Social Isolation and Loneliness 2023. Department of Community, Housing and Digital Economies. \$653,999.

Chief Investigators: Haslam, C, Gomersall, S, Cruwys, T, Healy, G, Dobbins, C, Connelly, L, Hides, L. Associate Investigators: **Dove, H**, Cotugno, J[^]. Groups 4 Diabetes: A randomised controlled trial examining the efficacy of a loneliness intervention to improve the health and economic outcomes of a lifestyle management program in type 2 diabetes. 2022 Targeted Call for Research Loneliness Social Isolation and Chronic Disease Management. \$940,362.

Chief Investigators: Gomersall, S (UQ CIA), Versluis, E# (Metro South CIA), Fooker, J, Healy, G, Truby, H, Sullivan, C. Associate Investigators: **Dove, H**, Cotugno, J[^], van der Vliet, P**, Cowan, D#. Understanding healthcare utilisation in participants attending a community-based health and wellbeing hub for type 2 diabetes: An exploratory health economic and qualitative evaluation of Logan Healthy Living. Metro South Health and UQ Collaboration Research Grant. 2022. \$49,816.

Chief Investigators: Healy, G, Gomersall, S, Atalag, K, Winkler, E, Goode, A, Spinks, J, Dunstan, D, Viller, S. Associate Investigators: **Dove, H**, Jimmy, Sowa, M, Puri, G#, van der Vliet, P**. Integrating wearable activity trackers into primary care for adults with type 2 diabetes and prediabetes: a historical control trial. 2021 MRFF Primary Health Care Research. \$1,023,430